

Karen Hertz

Curriculum Vitae



Advance Nurse PractitionerProfessor
Department of Trauma and Orthopaedics, Royal Stoke University Hospital, University Hospital of North Midlands, Stoke-on trent, Staffordshire, UK

Educational Background & Professional Experience

- Aug. 2004–Present UHNM, Advanced Nurse, Practitioner, Trauma& Ortho
- 2008 MSc Advanced Clinical Practice, Staffordshire University
- 1997 Post Graduate Diploma in Management, Keele University
- 1993 BSc (Hons) Nursing Studies, University of Central England
- 1991 DPSN Diploma of Professional Studies in Nursing, Birmingham Polytechnic
- 1987 RGN Registered General Nurse

Research Interests

- Orthogeriatric Nursing
- Fragility Fracture care and nursing care
- Advanced Nursing practice
- Trauma and orthopaedic nursing

Publications

1. Bell, J.J.; Geirsdottir, O.G.; Johansen, A.; Santy–Tomlinson, J.; Frihagen, F.; McGlasson, R.; Sutton, E.; Hertz, K. The SIMPLER Nutrition Pathway for Fragility Fractures: A Quality Improvement Initiative. *Nutrients* 2025, 17, 1987. <https://>
2. Karen Hertz and Julie Santy–Tomlinson (Eds) (2023) *Fragility Fracture and Orthogeriatric Nursing– Holistic Care and Management of the Fragility Fracture and Orthogeriatric Patient* (2nd Edition). Switzerland: Springer.
3. J Santy–Tomlinson & Hertz, K (2023) *Fragility Fractures* Clarke, S & Drozd M (Eds) (2023) *Orthopaedic and Trauma Nursing: An evidence based approach to musculoskeletal care* (2ND Ed). Oxford: Wiley Blackwell.
4. Hertz, K & Santy–Tomlinson (2023) *Fragility Hip Fractures in: Clarke, S & Drozd m (Eds) (2023) Orthopaedic and Trauma Nursing: An evidence based approach to musculoskeletal care* (2nd ED). Oxford: Wiley Blackwell.
5. Olöf Guðný Geirsdóttir, Karen Hertz et Al (2021) *Overview of Nutrition care in Geriatrics and Orthogeriatrics In : Olöf G. Geirsdóttir and Jack Bell. Interdisciplinary Nutritional Management and Care for older Adults– An evidenced–Based Practical Guide for Nurses.* Springer.

